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Home Wound Care Instructions - Biopsy or ED&C

- Leave bandage on for 12-24 hrs
- Remove the bandage and gently cleanse the area with mild soap and water. It may be easier to remove the bandage after getting it wet with soap and water. Apply Vaseline with a q-tip or clean hands and then cover with a bandage.
- Gently cleanse the area with mild soap and water, apply vaseline and bandage **daily** until the wound is healed.
- If the area is actively bleeding (few spots on the bandage is normal) apply firm pressure for 20-30 minutes and if it continues please call our office. If the bleeding is severe and the office is closed, you may need to call 911 or go to the ER for evaluation.
- Refrain from vigorous activities following your procedure, as this may increase the risk of bleeding. If the procedure was on your face or scalp, sleep with your head elevated with 2-3 pillows. If the surgery was on your legs, keep them elevated while sitting.
- It is normal to have a small pink or red area surrounding the wound or clear yellow drainage for 7-14 days following the procedure. However if you experience green or opaque yellow drainage, increased pain, or increasing redness, please contact our office.
- Please avoid Aspirin and Advil products for pain. If you are in pain, you may take Tylenol as directed on the package.
- Please refrain from drinking alcohol and smoking while the wound is healing.
- If you had a biopsy please allow 7-10 business days for your biopsy results to be processed. You will be contacted by our pathology department to discuss your results. If you have not heard from our office within 2 weeks, please give us a call.
- If you have any further questions please feel free to call our office.