

# VEINS NO MORE

## ASCLERA® Newest Aesthetic Option to Remove Leg Veins

By Robyn Siperstein MD, FAAD



↑ Before Leg  
Vein Treatment

After 5 Sessions  
of Asclera →

Actual patient of  
Dr. Robyn Sipersteins



### Among newer aesthetic

treatments, Asclera® hits a home run, as it removes small veins with fewer side effects than previous treatments. Asclera® (polidocanol) is a prescription medicine that is injected into the targeted vein in a procedure called sclerotherapy. This procedure can treat two types of veins - spider veins and reticular veins. Spider veins are very small, fine red or purple veins, which are close to the surface of the skin and resemble tree branches or spider webs. Reticular veins are also known as feeder veins - they are the blue and green veins beneath the surface of the skin. Spider and reticular veins can be caused by many factors such as heredity, age, gender (women are 2-3 times more likely to develop them), pregnancy, obesity, and prolonged sitting or standing.

Other treatment options for leg veins include sclerotherapy with saline, phlebectomy, laser treatments and radiofrequency treatments. In the past, most dermatologists used hypertonic saline, which can burn and lead to scarring if not injected perfectly every time. Now Asclera® is the new "gold standard" for treating

leg veins. It works by damaging the blood vessel lining, which causes the body to clear the vessel. Asclera® is reliable, but as with all sclerotherapy, it can take several treatments for optimal results or complete clearance to be achieved. Clinical trials show that Asclera® had less irritation, less pain, less hematomas (collection of blood under the skin), and less scarring than other sclerotherapy treatment options.

A typical sclerotherapy session lasts 15 to 45 minutes. One injection is usually administered per inch with multiple injections per session. At the time of treatment, patients will see little pink bumps that look like hives, which indicates that the desired vessel damage has occurred. These resolve by the next day, though it normally takes the body 4-6 weeks to clear the blood vessel. Following treatment, compression stockings or support hose should be worn continuously for 2-3 days and for 2-3 weeks during the daytime. For 2-3 days following the treatment, patients also need to avoid heavy exercise, sunbathing, long flights, hot baths or saunas. If you have any further questions about

the procedure, feel free to contact Dr. Siperstein's office or schedule a consult. {stb}

*Dr Robyn Siperstein is a graduate of Yale University & Yale University School of Medicine. She was chief resident in dermatology at Rutgers (formerly U.M.D.N.J). She has dermatology offices in both Boynton Beach and Boca Raton. Feel free to schedule a cosmetic consult in her office and call with any further questions (561)364-7774.*



DR. ROBYN SIPERSTEIN